



# Connect with Nature



on National Tree Day

## At Home

A guide to planning your  
National Tree Day



# Contents

**01**

.....

**About**

Page 3

**02**

.....

**Why get involved**

Page 4

**03**

.....

**How to get involved  
at home**

Page 5

**04**

.....

**Resources**

Page 7



“

The true meaning of life is to  
plant trees under whose shade  
you do not expect to sit.

- Nelson Henderson

# 01 About

National Tree Day started in 1996 and has grown into Australia's largest community tree-planting and nature care event. It's a call to action for all Australians to get their hands dirty and give back to the community.

Each year, hundreds of thousands of people volunteer their time to plant seedlings and restore thousands of hectares of unique Australian landscape.

Over **26 million trees** have been planted by more than **5 million people**, and this number continues to grow with the help of dedicated volunteers around the country.

While every or any day can be Tree Day, Schools Tree Day and National Tree Day are held on the last Friday and Sunday of July, respectively. Our community up in the Northern part of Australia celebrate Tropical Tree Day on the first Sunday in December, each year.

National Tree Day is an opportunity to recognise the hard work of communities around Australia and celebrate their ongoing commitment to the environment.

**national  
tree day** 

**PLANET ARK**  **TOYOTA**



“

The best time to plant a tree was 20 years ago. The second best time is now.

- Chinese Proverb

# 02 Why get involved



## Why get involved

.....

If you're not able to host or attend a National Tree Day event, there are still many ways you can get involved at home!

Take some time to connect with nature and bring more green into your space or get curious and creative with some nature based activities.



## How to get involved

.....



**Plant** a tree at home



**Try** our [nature activities](#) at home



**Learn** about trees with our at home [lesson plans](#)



**Enter** our annual [Schools Competition](#)



**Read** about the inspiring Tree Day community in [Tree Talk](#)



**Donate** to [The Seedling Bank](#)



**Hug** a tree

# How to get involved at home



If you can't host or volunteer at a site here's a few ideas on how to get involved:



## Plant a tree at home

.....

If you aren't able to get out to a big planting event, host one at home! Bring some green to your garden to attract birds and other pollinators, or bring the green indoors by potting up a new plant baby or two.

## PLEDGE YOUR TREE

No matter how many trees, grasses or shrubs you have planted, your efforts count. You can simply pledge the number planted without having to register an event.

## Get crafty

.....

Get crafty and challenge yourself or the kids with our **activity sheets** – from word searches to treasure hunts and colouring in sheets, we have nature themed fun for all ages.



## Learn about trees

.....

We have a range of **lesson plans**, created in partnership with Cool Australia. Two of these are at home lessons so you can teach your young environmentalists about nature from your living room.

# How to get involved at home



## Enter the Schools or Community Competition

Our annual Schools Competition and now Community Competition are a fun, educational and creative way to get involved in National Tree Day and there are some great prizes to be won! [Learn more here.](#)



**NEW!**

Enter our  
**Community  
Competition**  
in 2023



## Read our reports

Settle in and read **Tree Talk** and our **research reports** – learn about the importance of trees and how schools and community groups around Australia are working to improve their local environments.

## Donate to Planet Ark's Seedling Bank

**Donate to Planet Ark's Seedling Bank** to enable schools and community groups with their planting projects across Australia. Your contribution supports the community in restoring our unique Australian Landscape.



## Hug a tree

Go for a walk around your local park and spend some time in nature switched off from technology. Hug a tree, listen to the birds and get curious about your surroundings.

## Planting Tips

.....

Planet Ark recommends that you plant local natives. Local natives are perfectly suited to the local soil type and climate, and they're also great for wildlife.

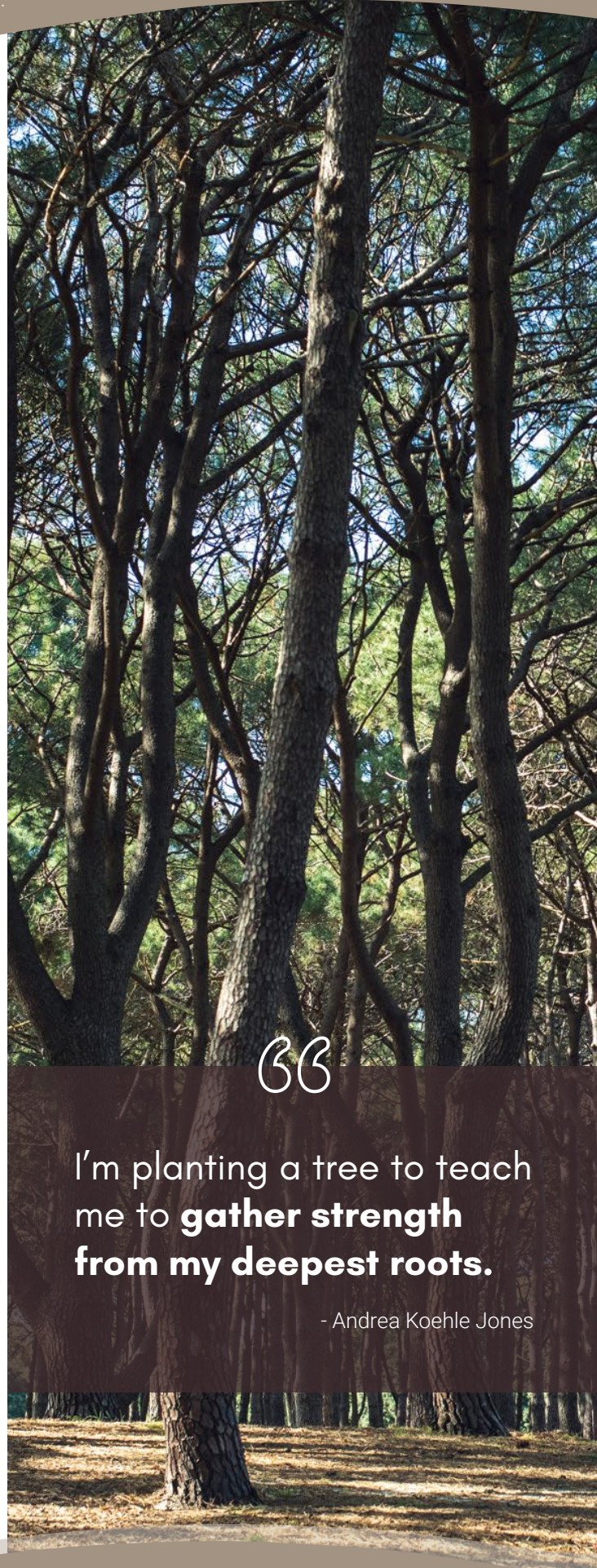
Need some extra advice? Call our National Tree Day Hotline on **1300 88 5000** or [visit our website](#).

## Extra Resources

.....

We have loads of resources to help make your National Tree Day a success. Please [visit the toolkit on our website](#) to access:

- Posters
- Certificates
- Web graphics
- Activity sheets
- Lesson plans



“

I'm planting a tree to teach me to **gather strength from my deepest roots.**


- Andrea Koehle Jones



Here I sit.  
Beneath a tree.  
Heartbeat calm.  
**Soul hums free.**


- Angie Weiland-Crosby

## Tree Day Support Team Contact Details

 1300 88 5000

 [treeday.planetark.org](http://treeday.planetark.org)

 [treeday@planetark.org](mailto:treeday@planetark.org)

 Suite 3.18, Level 3  
22-36 Mountain St, Ultimo  
NSW 2007 Australia

 @planetark

 @nationaltreeday or @planetark

 /NationalTreeDay

 #nationaltreeday  
#connectwithnature

national   
tree day  
**PLANET ARK**  **TOYOTA**